

TIME TO RETHINK





OUR EARTH PLEDGE

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GROUP/FAMILY/SCHOOL:

WEEK 1 PLEDGE:

WEEK 2 PLEDGE:

WEEK 3 PLEDGE:

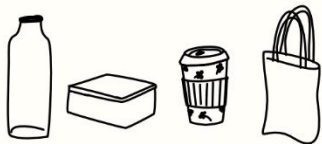
WEEK 4 PLEDGE

MONTH PLEDGE:

TIME TO RETHINK



ALWAYS BE PREPARED ALWAYS BE PREPARED



TO REDUCE SINGLE USE MATERIALS
ALWAYS HAVE:

TRAVEL MUG,
WATER BOTTLE,
TUPPERWARE AND PACK LUNCH,
REUSABLE BAGS,
REUSABLE STRAW AND CUTLERY.

SAY NO TO NEW SAY NO TO NEW



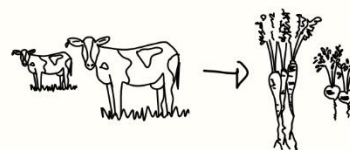
SHOP SECOND HAND CLOTHING,
FURNITURE AND PRODUCTS.

FIX IT OR REPAIR IT IF THINGS GET
BROKEN.

GIVE SOMETHING UNLOVED SOME
LOVE BY PAINTING IT OR CLEANING
IT.

KEEP IT OR PASS IT ON.

HAVE A VEG DAY HAVE A VEG DAY

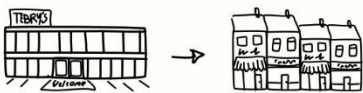


REDUCE THE AMOUNT OF MEAT
IN YOUR DIET.

USE MORE SUSTAINABLE MEAT
SUPPLIERS.

GROW YOUR OWN VEG AND MAKE
TASTY PLANT BASED MEALS.

LOVE LOCAL LOVE LOCAL



SHOP LOCAL PRODUCE.

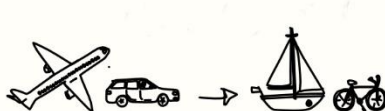
SUPPORT SMALL BUSINESSES.

USE YOUR LOCAL MILK MAN.

FIND YOUR LOCAL REFILL STATION
(DETERGENTS, CLEANING
PRODUCTS...).

COMMUNITY ACTION: LITTER PICKING,
COMMUNITY GARDENS.....

TRAVEL CONSCIOUS TRAVEL CONSCIOUS



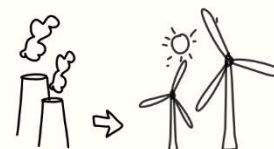
SHARE LIFTS WITH FRIENDS
AND COLLEAGUES.

CYCLE WHEN YOU CAN.

WALK WHEN CONVENIENT.

CHOOSE PUBLIC TRANSPORT.

POWER IS PRECIOUS POWER IS PRECIOUS



CHANGE YOUR ENERGY
SUPPLIER TO 100%
RENEWABLE.

SWITCH TO LED LIGHT BULBS.

SWITCH OFF WHAT YOU DON'T
NEED AND ARE NOT USING.



MY EARTH PLEDGE

MY EARTH PLEDGE

WEEK 1 PLEDGE:

WEEK 2 PLEDGE:

WEEK 3 PLEDGE:

WEEK 4 PLEDGE

MONTH PLEDGE: