

TIME TO RETHINK





MY EARTH PLEDGE

MY EARTH PLEDGE

WEEK 1 PLEDGE:

WEEK 2 PLEDGE:

WEEK 3 PLEDGE:

WEEK 4 PLEDGE

MONTH PLEDGE:

TIME TO RETHINK



ALWAYS BE PREPARED ALWAYS BE PREPARED



TO REDUCE SINGLE USE MATERIALS ALWAYS HAVE:

TRAVEL MUG,
WATER BOTTLE,
TUPPERWARE AND PACK LUNCH,
REUSABLE BAGS,
REUSABLE STRAW AND CUTLERY.

SAY NO TO NEW SAY NO TO NEW



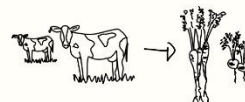
SHOP SECOND HAND CLOTHING, FURNITURE AND PRODUCTS.

FIX IT OR REPAIR IT IF THINGS GET BROKEN.

GIVE SOMETHING UNLOVED SOME LOVE BY PAINTING IT OR CLEANING IT.

KEEP IT OR PASS IT ON.

HAVE A VEG DAY HAVE A VEG DAY

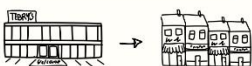


REDUCE THE AMOUNT OF MEAT IN YOUR DIET.

USE MORE SUSTAINABLE MEAT SUPPLIERS.

GROW YOUR OWN VEG AND MAKE TASTY PLANT BASED MEALS.

LOVE LOCAL LOVE LOCAL



SHOP LOCAL PRODUCE.

SUPPORT SMALL BUSINESSES.

USE YOUR LOCAL MILK MAN.

FIND YOUR LOCAL REFILL STATION (DETERGENTS, CLEANING PRODUCTS...).

COMMUNITY ACTION: LITTER PICKING, COMMUNITY GARDENS.....

TRAVEL CONSCIOUS TRAVEL CONSCIOUS



SHARE LIFTS WITH FRIENDS AND COLLEAGUES.

CYCLE WHEN YOU CAN.

WALK WHEN CONVENIENT.

CHOOSE PUBLIC TRANSPORT.

POWER IS PRECIOUS POWER IS PRECIOUS



CHANGE YOUR ENERGY SUPPLIER TO 100% RENEWABLE.

SWITCH TO LED LIGHT BULBS.

SWITCH OFF WHAT YOU DON'T NEED AND ARE NOT USING.



OUR EARTH PLEDGE

OUR EARTH PLEDGE

GROUP/FAMILY/SCHOOL:

WEEK 1 PLEDGE:

WEEK 2 PLEDGE:

WEEK 3 PLEDGE:

WEEK 4 PLEDGE:

MONTH PLEDGE: